

## Ayurveda Rates

### **AROGYA- REINVIGORATION THERAPY** *General Rejuvenation*

Procedures	1 -Day	3-Days	7-Days	14- Days	21-Days
Head Massage	Rs.1900	Rs.5700	Rs.13500	Rs.26500	Rs.40000
Face massage					
Steam					
Herbal bath					

### **SAUKHYA- REVITALIZATION THERAPY** *Body Refreshment*

Procedures	7-Days	14- Days	21- Days
Pizhichil / Njavarakkizhy -4days	Rs.28900	Rs.58000	Rs.86000
Virechanam 1Day			

### **SUKHANIDRA- SLUMBER THERAPY** *Relieving stress and strain and enhancing Sleep*

Procedures	1 -Day	3-Days	7-Days	14- Days	21- Days
Sirodhara (Kashayam, Thailam)	Rs.4600	Rs.14000	Rs.32400	Rs.65000	Rs.97000

## VADANAKANTHI –PRETTIFICATION THERAPY

Procedures	1 -Day	3-Days	7-Days	14- Days	21- Days
Face Pack	Rs.2750	Rs.8500	Rs.19250	Rs.38500	Rs.58000
Steam					
Mukha Kshalanam					

## DEHAKANTHI- PIGMENTATION THERAPY

*Enhances body complexion and Skin Protection*

Procedures	1 -Day	3-Days	7-Days	14- Days	21- Days
Full body Lepanam	Rs.9000	Rs.27500	Rs.64000	Rs.128500	Rs.192500
Steam					
Sareera Dhara,					

## NETHRA RAKSHA- VISION THERAPY

Special Eye Care treatment to improve eyesight Cure cataract and Relief from eye stress

Procedures	1 -Day	3-Days	7-Days	14- Days	21- Days
	Rs.650	Rs.1900	Rs.4500	Rs.9000	Rs.13000

## SAREERA RAKSHA- OBESITY THERAPY

*Reducing fat and cholesterol in the body making the body healthy and attractive*

Procedures	1 -Day	3-Days	7-Days	14- Days	21- Days
Steam,	Rs.41000	Rs.41500	Rs.82000	Rs.82500	Rs.123000
Full body powder massage					
Virechanam					

## AYUSHA- ANTI AGING THERAPY

*Special rejuvenation treatment to retard ageing process, Keep young and energetic*

Nasyam - 7 Days	<b>21- Days</b> <b>Rs.120000</b>
Karnapoornam - 7 days	
Oil/Powder Massage - 7 days	
Thalam - 7 days	
Nethrakshalanam - 7 days	
Anjnam - 7 day	
Pizhichil, Njavarakkizhi - 7 days	
Yogavasty - 8 days	
Sirodhara / Sirovasty - 7 days	
Virechanam - 1 day	